

Learning Improvement Plan

School: Churchbridge Public School

Principal: Alisa Leidl

School Wellness Goal:

Background: Why do we need Comprehensive School Community Health?

In the school, CSCH facilitates improved student achievement and positive behaviours. CSCH encourages and supports the development of children and youth in becoming physically, mentally, emotionally, and spiritually healthy for life.

The goals of CSCH are:

- to promote health and wellness;
- to provide equitable opportunities that address disparities and contribute to academic success;
- to intervene to assist vulnerable children and youth;
- to help support those who are already experiencing poor health;
- to prevent specific diseases, disorders, and injury.

Research has shown that CSCH is an effective way to embrace the interdependence between health and educational outcomes that last a lifetime.

<http://www.education.gov.sk.ca/comprehensive-school-community-health>

The four pillars of CSCH are:

1. Health and School Policy
2. Teaching and Learning
3. Social and Physical Environment
4. Partnership and Services

Goal	Objectives/Strategies	Responsibility	Timeline	Monitoring/Evaluation
<p>By May 30/14 CPS staff, students and SCC</p> <p>1. A CPS Wellness PLC will be established.</p> <p>2. Using data from various sources and demographics well will identify the status of our school health as determined by the Healthy School Planner and develop a two-year action plan.</p>	<p>PLAN, DO, CHECK, ACT</p> <ol style="list-style-type: none"> 1. Creation of a Wellness PLC meeting every 6 weeks. 2. Explore the administration of TTFM Comprehensive School Community Health component in the fall of 2014 and spring of 2015 to obtain current data. 3. Develop a list of current practices, policies and school events supporting CSCH. Identify the pillars each supports. 4. Review of available data: <ul style="list-style-type: none"> -TTFM 2012-2013 -School Surveys -Staff, SCC and SRC meeting notes 5. Complete the Healthy School Planner and Action plan. 	<p>Administrator</p> <p>Administrator</p> <p>Wellness PLC, Staff, SRC, SCC</p> <p>Wellness PLC, CPS staff, & SCC</p> <p>Wellness PLC</p>	<p>By October 31, 2014</p> <p>October 31, 2014</p> <p>December 15, 2014</p> <p>February 15, 2015</p> <p>March 30, 2015</p>	<p>PLC membership list and meeting</p> <p>A. PLC Meeting Notes (attached)</p> <p>B. Current Practices (attached)</p> <p>C. Data Review (attached)</p> <p>D. Completion of the Healthy School Planner and Action Plan</p>

CPS School Wellness Review Workbook

A. PLC MEETINGS

Wellness PLC Members	
PLC Meetings Date: Members Attending: Notes:	

B. CURRENT PRACTICES

SOURCE:	
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WHAT ARE WE DOING?

WHAT SHOULD WE DO?

Social and Physical Environment		
Healthy School Policy		
Partnerships and Services		
Teaching and Learning		

[Definitions](#)

C. CURRENT DATA

SOURCE:	DATE COLLECTED:
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ASSET

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Social and Physical Environment		
Healthy School Policy		
Partnerships and Services		
Teaching and Learning		

