

## HIGH RISK ACTIVITIES APPROVAL

**School Name:**

**Principal Name:**

**Date:**

This form is to be used when applying to the Good Spirit School Division Director of Education or designate for approval for your students to take part in activities.

**Procedure:**

1. Submit completed form by September 28th to Director of Education or designate.
2. Ensure that detailed safety measures are provided in regards to how the activity or environment will be modified to reduce the risk.
3. Director of Education or designate to review requests for approval. The Director or designate will return the approved form to the principal.

**Other Points:**

1. All activities must be submitted including those previously approved. The Physical Activity Safety Manual Appendix 215 was revised June 2018.
2. Those activities that require travel will still need to adhere to the Educational Field Trips Procedures (AP 261). Please submit the Out of School Curricular and Extra-curricular Educational Field Trip form as required.

Activities	Page # or Procedure	Action Required	Safety Measures in place to mitigate risk	Director's Approval
Archery	National Archery in the Schools Program required	Teachers who wish to instruct archery require written permission from the Director of Education or designate. The Good Spirit School Division will require National Archery in the Schools Program Certification as a requirement for supervision of students during Archery.		
Baseball Softball (Fast Pitch)	6	Good Spirit School Division does not sanction.		
Cheer with stunts	10	Good Spirit School Division does not sanction.		
Cricket	11	Good Spirit School Division does not sanction the official game of Cricket in Kindergarten to Grade 6.		
Curling	16	Good Spirit will not sanction for students from Kindergarten to Grade 3.		
Diving	20	Not recommended for students in Kindergarten to Grade 5. Teachers who wish to instruct diving require written permission from the Director of Education.		
Fencing		Good Spirit School Division does not sanction.		

Golf	26	Good Spirit will not sanction for students from Kindergarten to Grade 3. Teachers who wish to instruct golf in Grades 4-8 require written permission from the Director of Education or designate.		
Olympic Gymnastics	27	Good Spirit School Division does not sanction.		
Horseback Riding	28	Good Spirit School Division does not sanction.		
Ice Hockey	27	Teachers who wish to instruct ice hockey require written permission from the Director of Education or designate. The Good Spirit School Division will require CSA approved full equipment be worn for all shinny/hockey activities. A sponge puck or rubber ball is required for "shinny" activities.		
Lacrosse	30	Only box or soft lacrosse permitted.		
Martial Arts	32	Teachers who wish to instruct martial arts require written permission from the Director of Education or designate.		

Outdoor Education Canoeing or Kayaking	40	Good Spirit will not sanction for students from Kindergarten to Grade 4. Teachers who wish to instruct canoeing or kayaking in Grades 5-12 require written permission from the Director of Education or designate.		
Outdoor Education Ice Fishing	55	Teachers who wish to instruct ice fishing require written permission from the Director of Education or designate.		
Outdoor Education Lake Swimming	47	Good Spirit will not sanction for students from Kindergarten to Grade 3. Teachers who wish to instruct lake swimming in Grades 4-12 require written permission from the Director of Education or designate.		
Outdoor Education Mountain Biking	49	Teachers who wish to instruct mountain biking require written permission from the Director of Education or designate.		
Outdoor Education Sailing	49	Good Spirit School Division does not sanction.		
Outdoor Education Skiing Snowboarding	53	Teachers who wish to instruct skiing or snowboarding require written permission from the Director of Education or designate. The Good Spirit School Division will require proper helmets for all skiing and snowboarding activities.		

Outdoor Education Winter Camping	51	Good Spirit School Division will not sanction Kindergarten to Grade 9. Not recommended for students from Grades 10-12. Teachers who wish to instruct javelin require written permission from the Director of Education or designate.		
Paintball		Good Spirit School Division does not sanction.		
Rock Climbing Rope & Fixed Face Climbs		Good Spirit School Division does not sanction.		
Rugby (Tackle)	59	Good Spirit School Division does not sanction.		
Scooter Boards	61	Teachers who wish to instruct scooter boards require written permission from the Director of Education or designate. The Good Spirit School Division will allow scooter board activities in their school program subject to the stated guidelines.		
Scuba Diving	62	Good Spirit will not sanction for students from Kindergarten to Grade 9. Teachers who wish to instruct scuba diving in Grades 10-12 require written permission from the Director of Education or designate.		
Snorkeling	68	Good Spirit will not sanction for students from Kindergarten to Grade 9. Teachers who wish to instruct snorkeling in Grades 10-12 require written permission from the Director of Education.		

Swimming and Water Polo	67	Swimming and Water Polo are High Risk Activities. Teachers who wish to participate in swimming or water polo require written permission from the Director of Education or designate.		
Tackle Football	25	Good Spirit School Division does not sanction this activity as an activity to be taught in Physical Education class.		
Track & Field Javelin	80	Good Spirit School Division will not sanction Kindergarten to Grade 5. Not recommended for students from Grades 6-9. Teachers who wish to instruct javelin in Grades 6-9 require written permission from the Director of Education or designate.		
Track & Field Pole Vaulting	81	The Good Spirit School Division views pole vaulting as a high risk activity and does not sanction the activity Kindergarten to Grade 8. For Grades 9-12 students must undergo specific pole vault training from a certified instructor and the proper equipment is used.		
Trampoline		Good Spirit School Division does not sanction.		
Weight Training	87	Good Spirit School Division will not sanction Kindergarten to Grade 6.		

Wrestling	88	Good Spirit School Division will not sanction Kindergarten to Grade 3.		
Zip Lining		Zip Lining is a High Risk Activity. Teachers who wish to participate in Zip Lining require written permission from the Director of Education or designate.		

Please use the spaces below to list any activities that you wish to have your students involved in that are not included above and are of a high risk nature:

Activity	Brief Description of Activity	Safety Measures in place to mitigate risk	Director's Approval

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Principal's Signature

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Date

Approved activities have been initialed in the above chart. Activities that have not been approved can be resubmitted with additional information on a new form.

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Director or Designate

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Date