



HIGH RISK ACTIVITIES APPROVAL

School Name:

Principal Name:

Date:

This form is to be used when applying to the Good Spirit School Division Director of Education or designate for approval for your students to take part in activities.

Procedure:

1. Submit completed form by September 30th to the Director of Education or designate.
2. Ensure that you have read the document in full and included any additional safety measures specific to your school that will mitigate the risk.
3. Director of Education or designate will review requests for approval. The Director or designate will return the approved form to the Principal.

Other Points:

1. All activities must be submitted including those previously approved.
2. Those activities that require travel will still need to adhere to the Educational Field Trips Procedures (AP 261). Please submit the Out of School Curricular and Extra-curricular Educational Field Trip form as required.

Activities	Page # or Procedure	Action Required	Additional site-specific safety measures necessary to mitigate risk	Director's Approval
Archery	AP 215 Physical Activity Safety Manual National Archery in the Schools Program	<input type="checkbox"/> Students in grades K-3 will not take part in archery. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> All instructors have successfully completed the National Archery in the Schools Program Certification as a requirement for supervision of students during Archery. <input type="checkbox"/> All guidelines provided by the NASP Basic Archery Instructor Training will be adhered to. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision meet the minimum requirements.		<input type="checkbox"/>
Baseball, Softball (Fast Pitch) Slowpitch/T-Ball	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> No students will play baseball or softball (Fast Pitch). <input type="checkbox"/> Students in grades K-3 will not play slowpitch <input type="checkbox"/> On-site supervision will be provided <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Cheer with stunts	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Instructors will have a strong cheerleading or gymnastics background. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> Students in grades K-5 will not take part in cheerleading with stunts. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Cricket	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> The official game of Cricket will not be played with students in grades K-6. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Curling	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students from grades K-3 will not participate in this activity. <input type="checkbox"/> The administrator will be provided with a schedule of all off-site activities. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>

Activities	Page # or Procedure	Action Required	Additional site-specific safety measures necessary to mitigate risk	Director's Approval
Diving	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students from grades K-5 will not participate in this activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> The administrator will be provided with a schedule of all off-site activities. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Equestrian	AP 215 Physical Activity Safety Manual Saskatchewan Horse Federation	<input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> The administrator will be provided with a schedule of all off-site activities. <input type="checkbox"/> All participants will have a Saskatchewan Horse Federation (SHF) membership. This membership comes with liability insurance and accident, death, and dismemberment insurance that protects the child/youth when participating in equestrian related activities. <input type="checkbox"/> On-site supervision by a certified NCCP (National Coach Certification Program) Equestrian Instructor/Coach will be provided at all times for all equine activities and for all instruction/coaching. <input type="checkbox"/> Approved ASTM certified equestrian specific riding helmets must be worn when working around or riding horses. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision meet the minimum requirements. * Equine therapy must be approved by the school SSC		<input type="checkbox"/>
Fencing	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Certified instructors will be used to lead the class. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision meet the minimum requirements.		<input type="checkbox"/>
Golf	AP 215 Physical Activity Safety Manual Golf Canada	<input type="checkbox"/> Students from grades K-3 will not participate in this activity. <input type="checkbox"/> The administrator will be provided with a schedule of all off-site activities. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>

Activities	Page # or Procedure	Action Required	Additional site-specific safety measures necessary to mitigate risk	Director's Approval
Olympic Gymnastics		Good Spirit School Division does not sanction this activity.		
Ice Hockey	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> All students will wear full CSA approved equipment for all shinny/hockey activities. A sponge puck or rubber ball is required for "shinny" activities. <input type="checkbox"/> The administrator will be provided with a schedule of all off-site activities. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Lacrosse	AP 215 Physical Activity Safety Manual Lacrosse Canada	<input type="checkbox"/> Students in grades K-6 will only participate in lacrosse-type games but never full box or field lacrosse games. <input type="checkbox"/> Goalies will not be used. <input type="checkbox"/> Helmets or protective eyewear will be used by all participants. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Martial Arts and Combat Sports	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> Qualified instructors will be used to deliver the program. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Outdoor Education Canoeing or Kayaking	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students in grades K-5 will not participate in canoeing or kayaking activities. <input type="checkbox"/> A minimum of one instructor will be certified in First Aid as well as Paddle Canada Canoeing Basics and Lake Canoe Intro. <input type="checkbox"/> The administrator will review the trip route and particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> A teacher/student ratio of 1:10 will be established. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>

Activities	Page # or Procedure	Action Required	Additional site-specific safety measures necessary to mitigate risk	Director's Approval
Outdoor Education Ice Fishing	AP 215 Physical Activity Safety Manual Saskatchewan Regulations	<input type="checkbox"/> Students in grades K-3 will not participate in ice-fishing activities. <input type="checkbox"/> The administrator will review the trip particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> All local fishing guidelines will be adhered to. <input type="checkbox"/> No student will walk on ice less than 4" or 10 cm thick and no vehicle will drive on ice less than 12" or 30 cm. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> A teacher/student ratio of 1:10 will be established. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Outdoor Education Lake Swimming	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students in grades K-6 will not lake swim. <input type="checkbox"/> A minimum of one instructor will be certified in N.L.S. or all students will wear PFD's when in the water. <input type="checkbox"/> The administrator will review the trip particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> A teacher/student ratio of 1:10 for students in grades 7-9 and 1:15 for students in grades 10-12 will be established. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Outdoor Education Mountain Biking	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students in grades K-4 will not participate in mountain biking activities. <input type="checkbox"/> The administrator will review the trip particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> At least one supervisor will be certified in first aid. <input type="checkbox"/> A teacher/student ratio of 1:10 will be established. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>

Activities	Page # or Procedure	Action Required	Additional site-specific safety measures necessary to mitigate risk	Director's Approval
Outdoor Education Sailing		Good Spirit School Division does not sanction sailing.		
Outdoor Education Skiing Snowboarding	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> The administrator will review the trip particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> At least one supervisor will be certified in first aid. <input type="checkbox"/> A teacher/student ratio of the following will be established: 1:8 ratio (Grades K-3) of supervisors to students. 1:15 ratio (Grades 4-6) of supervisors to students. 1:20 ratio (Grades 7-9) of supervisors to students. 1:30 ratio (Grades 10-12) of supervisors to students. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Outdoor Education Winter Camping	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students in grades K-9 will not participate in winter camping. <input type="checkbox"/> The administrator will review the trip particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> At least one supervisor will be certified in first aid. <input type="checkbox"/> A teacher/student ratio of 1:15 will be established. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Paintball		Good Spirit School Division does not sanction.		
Rock Climbing Rope & Fixed Face Climbs		Good Spirit School Division does not sanction.		
Rugby (Tackle)		Good Spirit School Division does not sanction.		

Activities	Page # or Procedure	Action Required	Additional site-specific safety measures necessary to mitigate risk	Director's Approval
Scuba Diving	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students in grades K-6 will not participate in scuba diving. <input type="checkbox"/> The administrator will review the particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> A certified diving instructor will be in the water with students during any in-water instruction. <input type="checkbox"/> A teacher/student ratio of 1:12 will be established. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Snorkeling	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students in grades K-4 will not participate in snorkeling. <input type="checkbox"/> The administrator will review the particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> Constant visual supervision by a certified NLS Lifeguard will be maintained. <input type="checkbox"/> A teacher/student ratio of 1:12 will be established. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Swimming and Water Polo	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> The administrator will review the particulars with the lead teachers prior to approving the activity. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> Constant visual supervision by a certified NLS Lifeguard will be maintained. <input type="checkbox"/> A supervisor & lifeguard/student ratio of the following will be established: 1:4 (Pre-K to Grade 3) 1:8 (Pre-K to Grade 3 if life jackets / PFDs are worn by all children) 1:10 ratio (Grades 4-12) <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Tackle Football		Good Spirit School Division does not sanction this activity as an activity to be taught in Physical Education class.		

Activities	Page # or Procedure	Action Required	Additional site-specific safety measures necessary to mitigate risk	Director's Approval
Track & Field Javelin	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students in grades K-5 will not participate in javelin. <input type="checkbox"/> Appropriate supervision will be established. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Track & Field Pole Vaulting	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Students in grades K-8 will not participate in pole vaulting. <input type="checkbox"/> Appropriate supervision will be established. <input type="checkbox"/> For Grades 9-12 students must undergo specific pole vault training from a certified instructor. <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> Proper equipment will be used. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision requirements are met.		<input type="checkbox"/>
Trampoline		Good Spirit School Division does not sanction.		
Water Parks	AP 215 Physical Activity Safety Manual	<input type="checkbox"/> Constant visual supervision by a certified NLS Lifeguard will be maintained. <input type="checkbox"/> A supervisor/student ratio of the following will be established: 1:4 (Pre-K to Grade 3) 1:8 (Pre-K to Grade 3 if life jackets / PFDs are worn by all children) 1:10 ratio (Grades 4-12) <input type="checkbox"/> Written consent from all caregivers will be collected before students will be allowed to participate. <input type="checkbox"/> Both the instructors and I have reviewed the Physical Activity Safety Manual (AP 215) to ensure that the equipment, facilities, instruction, and supervision meet the outlined requirements.		<input type="checkbox"/>
Zip Lining	AP 215 Physical Activity Safety Manual	Zip Lining is a High-Risk Activity. Teachers who wish to participate in Zip Lining require written permission from the Director of Education or designate.		<input type="checkbox"/>

Please use the spaces below to list any activities that you wish to have your students involved in that are not included above and are of a high risk nature:

Activity	Brief Description of Activity	Safety Measures in place to mitigate risk	Director's Approval
			<input data-bbox="1801 386 1822 406" type="checkbox"/>
			<input data-bbox="1801 643 1822 662" type="checkbox"/>
			<input data-bbox="1801 919 1822 938" type="checkbox"/>
			<input data-bbox="1801 1195 1822 1214" type="checkbox"/>

Approvals:

Principal's Signature

Date

Approved activities have been initialed in the above chart. Activities that have not been approved can be resubmitted with additional information on a new form.

Director or Designate

Date