

		<b>Health Grade 5</b> <b>(Facing Obstacles and Embracing Opportunities)</b> <b>Apply Decisions (AP)</b>			
<b>OUTCOMES</b>		<b>1 - Beginning</b> The student is having difficulty demonstrating an understanding of the concept.	<b>2 – Approaching</b> The student is developing an understanding of the concept.	<b>3 – Meeting</b> The student consistently demonstrates an understanding of the concept or has achieved the concept.	<b>4-Exemplary</b> The student independently demonstrates an in-depth understanding of the concept, and consistently applies this knowledge to new situations.
<b>AP 5. 1</b> I can design and implement, with guidance, two five-day action plans that embrace health opportunities or address health challenges related to personal eating practices, changes of puberty, impact of illness/disease, identity and well-being, violence, peer pressure, and self-regulation.	<b>Design</b>	<ul style="list-style-type: none"> <li>• <b>With frequent guidance,</b> I can design a brief outline for <b>AT LEAST ONE</b> five-day action plan, that answers <b>A FEW</b> of the following questions:                             <ul style="list-style-type: none"> <li>• What will be done? (Goal)</li> <li>• Who will be involved?</li> <li>• Where will it take place?</li> <li>• When will it take place?</li> <li>• Why is this action being taken?</li> <li>• What supports are needed?</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>With guidance,</b> I can design a brief outline for <b>AT LEAST ONE</b> five-day action plan, that answers <b>MANY</b> of the following questions:                             <ul style="list-style-type: none"> <li>• What will be done? (Goal)</li> <li>• Who will be involved?</li> <li>• Where will it take place?</li> <li>• When will it take place?</li> <li>• Why is this action being taken?</li> <li>• What supports are needed?</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>With minimal guidance,</b> I can design an outline for <b>TWO</b> five-day action plans, that answers <b>ALL</b> of the following questions:                             <ul style="list-style-type: none"> <li>• What will be done? (Goal)</li> <li>• Who will be involved?</li> <li>• Where will it take place?</li> <li>• When will it take place?</li> <li>• Why is this action being taken?</li> <li>• What supports are needed?</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>Independently,</b> I can design a <b>detailed</b> outline for <b>TWO</b> five-day action plans, that answers <b>ALL</b> of the following questions:                             <ul style="list-style-type: none"> <li>• What will be done? (Goal)</li> <li>• Who will be involved?</li> <li>• Where will it take place?</li> <li>• When will it take place?</li> <li>• Why is this action being taken?</li> <li>• What supports are needed?</li> </ul> </li> </ul>
	<b>Implement</b>	<ul style="list-style-type: none"> <li>• <b>With frequent guidance,</b> I can carry out the steps identified in at least <b>ONE</b> of my action plans.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>With guidance,</b> I can follow my outline to implement at least <b>ONE</b> five-day action plan.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>With minimal guidance,</b> I can follow my outline to <b>implement TWO</b> five-day action plans.</li> </ul>	<ul style="list-style-type: none"> <li>• I can <b>show evidence of implementing TWO</b> five-day action plans, <b>AND</b> reflect on the implementation.</li> </ul>
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