

SCHOOL [®] DIVISION Students Come First		F	lealth Grade 8		June 2020
Health Grade 8 (Action Plan) Apply Decisions (AP)					
OUTCOMES		1 - Beginning The student is having difficulty demonstrating an understanding of the concept.	2 – Approaching The student is developing an understanding of the concept.	3 – Meeting The student consistently demonstrates an understanding of the concept or has achieved the concept.	4- Exemplary The student independently demonstrates an in-depth understanding of the concept, and consistently applies this knowledge to new situations.
AP 8.10 I can design, implement and evaluate three seven-day action plans that establish multiple supports of responsible health action related to family roles and responsibilities, non-curable infections/diseases, violence and abuse, body image, sustainability and sexual health.	Design	 With help, I can design an outline for at least ONE seven-day "supporting others" action plan (using my personal goal statements) that include MOST of the elements of an effective plan: who, what, where, when, how, why. 	• I can design an outline for at least TWO seven- day "supporting others" action plans (using my personal goal statements) that include MOST of the elements of an effective plan: who, what, where, when, how, why.	• I can design an outline for THREE seven-day "supporting others" plans, (using my personal goal statements) that include ALL of the elements of an effective plan: who, what, where, when, how, why.	• I can design a detailed outline for THREE seven- day "supporting others" action plans, that includes ALL of the elements of an effective plan: who, what, where, when, how, why.
	Implement Evaluate	 With help, I can follow my outline to implement at least ONE action plan. I can use established criteria to assess the design elements OR implementation of at least ONE "supporting others" action plans. 	 I can follow my design to implement at least TWO seven-day action plans. I can use established criteria to assess the design elements OR implementation of at least TWO "supporting others" action plans. 	 I can show evidence of implementing THREE seven-day action plans. I can use established criteria to assess the design elements AND the implementation of THREE "supporting others" action plans. 	 I can show sufficient evidence of implementing THREE seven-day action plans. I can use established criteria to assess the design elements AND implementation of THREE "supporting others" action plans, AND evaluate my own ability to establish supports for
Comments					health.