## LETTER FOR PARENTS/GUARDIANS REGARDING HEALTH EDUCATION

<School Letterhead>

<Insert Date>

Dear Parent/Guardian:

In alignment with the provincial health education curricula, our school will be covering topics related to sexual health education as required by the Saskatchewan curricula. The aim of the K-12 Saskatchewan health education curricula is to develop confident and competent students who understand, appreciate, and apply health knowledge, skills and strategies throughout life.

The content to be covered includes <commencement/completion dates, outcomes, scope and sequence of content, resources, and activities>. All curriculum materials can be accessed online at <a href="https://curriculum.gov.sk.ca/">https://curriculum.gov.sk.ca/</a>. If, after reviewing the content you wish to have your child opt out from the instruction, please provide written notification via an email to the <Insert Principal's Email Address> should this be your decision. As always, parents are encouraged to spend time sharing knowledge and having conversations with their children relating to all areas of learning.

Yours in education, <Insert Principal's Name> <Insert Principal's Email Address>