

FEATURED STUDENTS



**AVERY DURHAM, ARIANA SWANSON,
& DESTINY PADAR**

JUNE 2025

We are incredibly proud of three remarkable young ladies from the Davison School's Grade 4 classroom who have truly embraced our Mental Health initiatives in a meaningful and inspiring way!

With a shared love for music and dance, they created an original song inspired by a classroom activity focused on mental health and well-being.

What makes this even more special is that stepping into the spotlight was a big leap outside their comfort zones. None of them are typically the first to volunteer for the stage, and two in particular showed tremendous personal growth by not only performing but also agreeing to have their performance recorded and shared with the entire school.

Their courage and enthusiasm were both unexpected and deeply moving!

These students were inspired by a powerful moment during Mental Health Awareness Week, when staff wore masks to spark conversations about emotional well-being. Their curiosity led to thoughtful questions, and from there, their creativity took flight. By the very next day, they had written a song, choreographed dance moves, and practiced during recess. They even asked their teacher if they could perform it for the class—and that was just the beginning!

They added costumes, refined their routine, and prepared to share their message with the whole school. Their music video debuted at our Monthly Value Awards assembly and was an instant hit—students were humming the tune long after the event!

These three students have demonstrated outstanding leadership, initiative, and empathy. Their project reflects all of our School and Division Values—especially curiosity, inclusivity, and the courage to break down stigma around mental health. They've shown that everyone belongs, and that diversity and self-expression are strengths to be celebrated.

We are so proud of these young leaders for using their voices—and their talents—to make a difference.

HIGH QUALITY TEACHING AND LEARNING

ENGAGEMENT OF ALL STUDENTS,
FAMILIES, AND COMMUNITIES

HEALTHY, SUSTAINABLE PHYSICAL
& SOCIAL ENVIRONMENTS

EFFECTIVE POLICY
AND PROCEDURES

